

## KEMPS BISTRO MENU

### **Kemps Breakfast** (Served 10am - 1pm) (Sunday 10am - 12am)

#### **Kemps Full English Breakfast** £6.25

Pinks of Cumbria Sausage and Bacon,  
Choice of Free Range Eggs, Lancashire  
Black Pudding, Flat Mushroom, Beans,  
Grilled Tomatoes and Doorstep Toast

Extra Sausage £1.75

Extra Slice of Bacon £1.00

Extra Black Pudding £1.00

Extra Egg, Mushroom, Beans or Tomato £0.50

Kemps Home Fries (Sautéed Potatoes) £0.50

#### **Kemps Vegetarian English Breakfast** £5.95

Vegetarian Sausage, Choice of Free Range  
Eggs, Flat Mushroom, Beans, Grilled  
Tomatoes and Doorstep Toast,  
Optional Extras as Above

#### **Free Range Three Egg Omelettes**

Plain Omelette £3.50

Lancashire Cheese and Mushroom £4.00

Lancashire Cheese and Tomato £4.00

Sweet Cured Pinks of Cumbria Bacon and Pea £4.50

Omelettes served with Doorstep Toast

## KEMPS BISTRO MENU

### **Kemps Breakfasts (Served from 10am - 1pm) (Sunday 10am - 12am)**

**Family Morning Special** **£3.00**

Cup of Tea or Coffee and Two Slices of Doorstep  
Toast, served with a Juice and Biscuit  
**(Available 10am-12am)**

**Two Slices of Doorstep Toast** **£1.75**

Served with Jam **£2.00**

Served with Lancashire Cheese **£2.25**

**Choice of Eggs on Doorstep Toast** **£3.00**

**'Pinks of Cumbria' Sausage on  
Doorstep Toasted Sandwich** **£3.75**

**'Pinks of Cumbria' Bacon Doorstep on  
Toasted Sandwich** **£3.75**

**Kemps Porridge** **£2.50**

Served with Almonds and Honey

**Breakfast Muffin Served With**

Lancashire Cheese **£3.95**

Eggs Benedict **£4.95**

Smoked Haddock and Choice of Eggs **£5.95**

**Belgian Waffles and Maple Syrup** **£3.95**

# KEMPS BISTRO MENU

## Light Lunches

### Afternoon Tea for Two at Kemps £13.95

Selection of House Sandwiches and Savouries, Toasted  
Teacakes and Selection of Desserts  
With a Pot of Tea for Two

**Home Made Soup of the Day** **£2.95**  
Served with Choice of Bread

### Welsh Rarebit

Plain Rarebit	<b>£4.75</b>
Smoked Streaky Bacon Rarebit	<b>£5.25</b>
Flat Mushroom Rarebit	<b>£5.25</b>
Sun blushed Tomato Rarebit	<b>£5.25</b>

Welsh Rarebits are served with House Salad and Potato  
Salad

### Jacket Potatoes

Lancashire Cheese and Red Onion	<b>£4.95</b>
Tuna Mayonnaise and Red Onion	<b>£4.95</b>
Baked Beans	<b>£4.95</b>
House Chilli	<b>£5.25</b>

Jacket Potatoes are served with House Salad and Potato  
Salad

# KEMPS BISTRO MENU

## Light Lunches

### Fresh Sandwiches

Served on a choice of Wholemeal or White Bread.

Sweet Cured Ham and Pickle £2.95

Tuna Mayonnaise and Red Onion £2.95

Free Range Egg Mayonnaise and Cress £2.95

Lancashire Cheese and Spring Onion £2.95

Cumbrian Turkey and Cranberry & Apricot Chutney  
£3.25

**Warm 'BLT' £3.50**

Smoked Bacon mixed with served Gem Lettuce, Plum  
Tomato and Mayonnaise

**Lancashire Cheese and Onion Ciabatta £4.25**

**Home Made Plaice Goujons Ciabatta £5.50**

Served with Mushy Peas and Tartar Sauce

**Grilled Rump Steak Ciabatta £6.95**

Served With Onion Rings and Mustard Mayonnaise

**BBQ Cumbrian Chicken Melt Wrap £5.95**

**Cajun Cumbrian Chicken Wrap £5.95**

All Sandwiches are served with House Salad and Potato  
Salad

Add French Fries with your Sandwich for £1.50

## KEMPS BISTRO MENU

### Kids Menu

Includes Glass of Juice and Ice Cream

**Beef Burger and Fries** **£4.95**

Served With French Fries & Beans

**'Pinks of Cumbria' Sausage & Mash** **£4.95**

Pinks Cumberland Sausage Served with Creamy Mashed Potato and Home Made Gravy

**Chicken Nuggets & Fries** **£4.95**

Served With French Fries & Beans

**Plaice Goujons & Fries** **£4.95**

Served with French Fries and Beans  
Or Mushy Peas

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**Children's Sandwich** **£1.95**

Filled With a Choice of Freshly Prepared Ham, Cheese or Tuna Mayonnaise Sandwiches

**Children's Pick'n'Mix Items** **£0.50**

Choose from a packet of Crisps, Box of Raisins, Mini Chocolate Bar, Jelly Sweets, Fruit or Jelly (If required please ask for your fruit to be cut.)

Selection of Hipp's Organic Baby Food

Please Ask Our Staff for Jigsaws, Colouring Sheets and Crayons  
To Keep Your Children Amused.

Children's Menu is Only Available to Children  
**Under 12 years.**

## KEMPS BISTRO MENU

### Signature Dishes

**Smoked Haddock & Pea Risotto** £5.95

Why not add a Garlic Bread for £2.95?

**Lamb Kofta Burger and Fries** £6.50

Served with Cucumber & Shallot Chutney and French Fries

**Kemps Beer Battered Fish and Chips** £8.50

Served with Mushy Peas Home Made Tartar Sauce, Hand Cut Chips and a Slice of Buttered White Bread

**Kemps Pie of the Day (Please See our Specials Board)** £6.50

Served with Creamed Mashed Potato and Seasonal Vegetables

**House Chilli Con Carne** £6.50

Served with Long Grain Rice and Sour Cream  
Why not add Nachos for £2.95?

**"Pinks" Beef Stroganoff** £6.50

Served with Long Grain Rice

**"Pinks" Sausage and Mash** £5.95

Served with Onion Gravy

**Goats Cheese & Butternut Squash Strudel** £5.95

Served with Creamed Mash Potato, Seasonal Vegetables and a Tomato & Cumin Sauce

### Side Orders

Hand Cut Chips with Dips £2.95

French Fries with Dips £2.50

Onion Rings £2.50

Nachos with Dips £2.50

Garlic Ciabatta £2.95

Garlic and Cheese Ciabatta £3.50

Garlic and Cheese Flat Mushrooms £3.50